

OTTER TALES

Creekside Elementary
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Creekside PTSA Newsletter
JANUARY 2018



Curriculum Enrichment Grants

2017-18

Creekside PTSA is proud to announce over \$10,000 in Curriculum Enrichment Grants for 2017-18. After receiving and reviewing proposals the following grants have been awarded:

* PE Fitness Station Work, Submitted by Teresa Mature

Full funding in the amount of \$1,417.42 to purchase equipment in sets of 3 that will enable PE to do more skill work such as agility, balance, hand-eye coordination, muscular strength, muscular endurance, and flexibility. This equipment will benefit all students.

* 2nd Grade Information Writing, Submitted by the 2nd Grade Team

Full funding in the amount of \$513.21 to purchase 6 copies of 3 different texts to support teachers in teaching information writing. This will benefit all 2nd graders.

* 4th Grade: Classroom World/Us/WA State Pull Down Wall Maps, Submitted by the 4th Grade Team

Full funding in the amount of \$2,891.40 to purchase whiteboard mounted, pull down maps to support geographic curriculum needs for continents, oceans, and Washington State. This will benefit all 4th graders.

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*** Coding for All, Submitted by Carrie Alexander**

Full funding in the amount of \$2,540.56 to purchase class sets of three different interfaces (Ozobots, Mini Spheros, and Makey Makeys) for students to apply their programming skills. This will benefit primarily Mrs. Alexander's class with an opportunity of extending to all 5th grade classes and possibly 4th in the future.

*** Mobil Easel, Submitted by Melissa Myers**

Full funding in the amount of \$350 Scholastic dollars to purchase a mobil easel for the classroom. This will benefit Mrs. Myers' 2nd grade classroom.

*** The Ease of the Easel, Submitted by Cherie Dodd**

Full funding in the amount of \$350 Scholastic dollars to purchase a mobil easel for the classroom. This will benefit Mrs. Dodd's 2nd grade classroom.

*** Reaching All Struggling Readers, Submitted by the 1st Grade Team**

Full funding in the amount of \$246.40 and \$120 Scholastic dollars to purchase book sets to create a low level library for first grade students who struggle with reading but do not qualify for LAP. These books will benefit struggling readers in 1st grade.

*** Flexible Student Work Spaces, Submitted by Laura Saiki**

Full funding in the amount of \$171.86 to purchase a white board table in order give students choices to work around the room and provide a collaboration space. It will benefit Ms. Saiki's 5th grade class as well as any math students who rotate through her room.

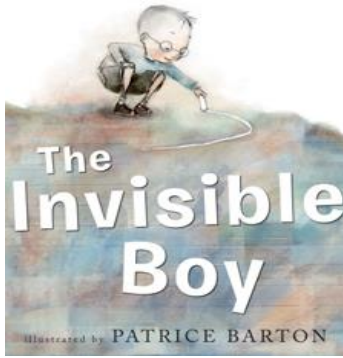
*** Social Emotional Learning Books, Submitted by Tera Coyle and Allison Lehr**

Full funding in the amount of \$508.80 to purchase 42 high quality picture books that exemplify and teach important social emotional learning skills.

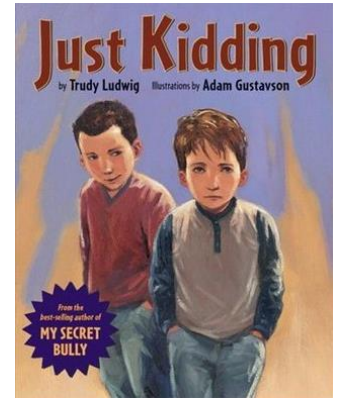
*** Mirrors and Windows, Submitted by Julie Siefkes and Meagan Rhodes**

Full funding in the amount of \$928.14 to purchase 64 high quality, hardcover books that represent different cultures and diagnoses.

TRUDY LUDWIG



Author
Trudy Ludwig
is Coming to Creekside
February 26th!



Dear Creekside Families ,

One of the events that our fabulous PTSA is sponsoring this year is an Author Visit. We are excited to welcome Trudy Ludwig, author of *The Invisible Boy* (winner of several literary awards) ; *Trouble Talk* (a story about rumors and gossip); *Just Kidding* (a story about the effects of teasing); among others. If you would like to learn more about her, please visit her website at www.trudyludwig.com.

In addition to primary and intermediate assemblies on Monday, February 26th and an evening parent presentation the same evening (see reverse), Trudy will be autographing books. If your you or your child would like a book signed, please purchase and deliver to Mrs. Siefkes by Friday, February 16th. Her books are available at Amazon and Barnes & Noble.

If you would like to have a book autographed, please stick a post-it note inside the front cover of the book with the following information and deliver to Mrs. Siefkes by Friday, February 16th.

Your child's name

Your child's classroom teacher to whom the autograph should be addressed

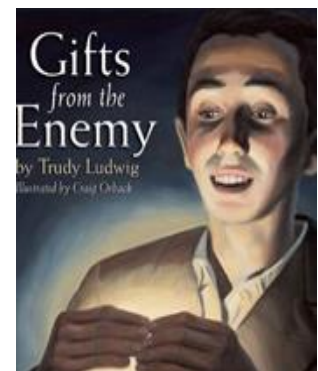
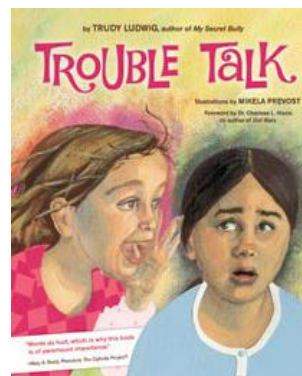
If you have any questions, don't hesitate to contact me!

Sincerely,

Mrs. Siefkes

Teacher-Librarian

SiefkesJ@issaquah.wednet.edu



Monday, February 26, 2017

7:00 - 8:30 pm at Creekside Elementary School

Attention Parents:

You are invited to a special evening presentation with children's advocate and bestselling author Trudy Ludwig



Understanding Our Kids' Online & Offline Social World:

Friendships, Cliques & Power Plays

Intentional exclusion, gossip, the silent treatment, teasing, and the spreading of rumors are often dismissed as normal rites of passage, but research shows these behaviors are a form of emotional bullying and they are as harmful as physical bullying—with long-term negative effects. Learn more about what bullying is and isn't, relational aggression (the use of relationships to manipulate and hurt others) including the latest research findings, the nature of boys' and girls' friendships, cyberbullying, as well as tips, tools, and resources to help you empower your children in their social world.

Trudy Ludwig's work and presentations have received high national praise from leading experts, educators, and organizations. Her acclaimed books, *My Secret Bully*, *Just Kidding*, *Sorry, Trouble Talk*®, *Too Perfect*, *Confessions of a Former Bully*, *Better Than You*, *The Invisible Boy*, and *Gifts from the Enemy* focus on helping children thrive in their social world. An award-winning writer and an engaging speaker, Trudy has been featured on numerous U.S. media outlets including ABC's "Good Morning America," PBS's "Keeping Kids Healthy," *Wall Street Journal*, *Huffington Post*, *Reading Rainbow*, the National Crime Prevention Council's Circle of Respect Program, and she has served as an expert panel member on Sesame Workshop's video series addressing bullying.

This presentation, applicable for parents of children in kindergarten – high school, is for adults only.

For more information, visit Trudy's website, www.trudyludwig.com.

Our special thanks to Creekside PTSA

For sponsoring this evening parent event.

Creekside Cultural Fair

Mark your calendar for February 8th at 5.30pm

Creekside Cultural Fair is a school community event where families learn about our school's diversity.

In this event, different countries are represented in stands that display information about their country, like:

People, Places, Sites, Traditions, Heritage, Sports, Food, Art, etc.

If you wish to represent your country, you will be responsible for:

- Preparing the information that will be displayed (guidance will be available anytime).
- Preparing your stand by decorating it and making it fun for the families to see and learn.
- Bringing food or candy to share, so that everyone can taste the flavors of your country.
- Giving information to the attendees at your stand and teaching them about your country.

It's so easy and fun! Bring your enthusiasm and enjoy this amazing event!

Want to volunteer, to show us your home country? Please send an email to:

Marissa Corona

Cultural Fair Chair

photostories@marissacorona.com





BREAKING THE STIGMA AROUND ANXIETY



Angst–Film Documentary & Discussion

A look at **anxiety, its causes and effects, and what we can do about it.** Angst features interviews with kids and young adults who suffer from anxiety, and what they've learned. The film includes experts who help people **manage their anxiety**, and focus on researching **its causes and sociological effects, while offering tools and resources that provide hope.** The project explores a conversation about anxiety from a peer-to-peer standpoint that is intimate, honest and accessible. Q&A follows with experts who answer questions and treatment options for anxiety.

For teens, tweens AND PARENTS
(recommended for ages 12 and up)

Sponsored by



Angst

Film Documentary, Q&A

—
Wed, Jan 24th 7-8:30pm
Issaquah HS Theater

OR

Tue, Jan 30th 7-8:30pm
Liberty HS Theater

—
Register at

<http://ParentWiser.org>

—
Free for PTSA members of Issaquah schools, non-members \$10 donation

**Followed by expert
Dr. Laura Kastner
featured in Angst
on Feb 7th !
[Register now!](#)**



Everyone is welcome to attend PTSA General Membership Meetings and Board Meetings!

Here are some reasons to check them out:

Stay informed about all the great things happening in your Creekside PTSA

Use your voice (vote) for PTSA sponsored events and programs

Here about the ways you can **get involved!**

General Membership Meetings will be held in the Creekside Library at 7pm on:

January 16, 2018

March 27, 2018

May 15, 2018

PTSA Board Meetings will be held on the following dates at 9:30am (location varies):

February 9, 2018

March 9, 2018

April 20, 2018

May 11, 2018

June 8, 2018

“It’s not too late to become a PTSA Member for the 2017-18 school year!”

As a PTSA Member, you enable advocacy without state Legislature and guarantee our district is represented in decisions that affect Creekside students. If you would like more information on how your membership benefits your community, school and child, please visit <http://creeksideptsa.ourschoolpages.com> and click “Membership”.

Popcorn Friday

We are still looking for volunteers to help with Popcorn Friday's. If available please sign up!

<http://www.signupgenius.com/go/4090d4dafa823a1ff2-2018>



The PTSA is having a Box Tops contest until January 31st. There will be a class winner from each grade. For your convenience, your child will be coming home with a zip lock bag before Winter Break.

Box Tops can be found on many participating products:

https://www.boxtops4education.com/-/media/BTFE/CommunicationMaterials/Assets/Flyers/2017-12_BTFEProducts_List.pdf?la=en

Thank you for your support!

First Tuesday of Every Month

“TIPS” - Tuesday Issaquah Parent Support

- Who:** Parent-driven group for families of children with disabilities
- What:** A chance to connect with parents and caregivers in a relaxing, friendly environment to share experiences and resources.
- When:** 7:00 – 10:00 PM
January 9, February 6, March 6, April 3, May 1, and June 5.
- Where:** Starbucks on Gilman Blvd (in front of QFC),
1460 NW Gilman Blvd, Issaquah, 98027

The mission of the Issaquah PTSA Special Education Committee is to make sure students who receive Special Services in the Issaquah School District have a voice. Our goal is to assist families in navigating the education system, connect them with resources, provide support, and advocate for inclusion.

Connect with us and get involved!



www.issaquahstar.org



Special-ed@issaquahptsa.org



www.facebook.com/groups/IssaquahSTAR



club inclusive

Free Issaquah Highlands group
for kids of all abilities

2nd Thursday of Every Month
6:00pm to 8:00pm @Blakely Hall
2550 NE Park Drive Issaquah, WA 98029

SEPTEMBER 14th BACK TO SCHOOL PARTY

NOVEMBER 9th MOVE & GROW

SUSAN CREIGHTON will teach us how through the language of music and movement, we can build connections, strengthen a sense of belonging, and have great time.

JANUARY 11th LET'S PLAY MUSIC

THE ROVIN' FIDDLERS, a musical group specializing in all kinds of folk music, will be sharing their beautiful tunes with our group. They will bring many musical instruments!

MARCH 8th PAINTING AWAY

We will have the visit of MARCELA FERIOLI from WITH YOUR HANDS who will give our members a painting and sensory art class. Let's enjoy together this creative method of expression!

MAY 10th LET'S PRETEND

We will open a treasure trunk to discover something mysterious and exciting that will inspire us to an interactive adventure. Join us to have fun doing self-expression through developmental drama exercises.

SCHEDULE 2017-2018

We start our meetings with a circle time to welcome all the members. Then we have snack and the special activity of the month.

And for parents and caregivers, the Issaquah PTSA Special Education Committee host and provide an opportunity to connect, and to share stories and resources.

OCTOBER 12th

BAKING

ALEJANDRA SPEARS from SMALLCAKES Issaquah will teach us how to bake and decorate delicious and beautiful cupcakes. Get ready for this multi-sensory and yummy experience!

DECEMBER 14th

GIVING BACK

We will be making care packages for the homeless. Please help us collecting personal hygiene products as toothpaste, toothbrushes, soap, shampoo, conditioner, etc.

FEBRUARY 8th

LOVE & FRIENDSHIP

Local mosaic artist CHERYL SMITH will teach our members the beauty and benefit of using recycled glass to create mosaics. The group will create a piece that will be donated to Blakely Hall.

APRIL 19th

GARDENING

Horticultural therapy use plants to improve cognitive, physical, social, emotional and spiritual wellbeing. At our club, we will do different related activities like planting seeds to encourage fine motor development.

JUNE 14th SUMMER PARTY

FOR FURTHER INFO: clubinclusive@gmail.com
or Find us on Facebook!



Parent Training Opportunities

The Issaquah School District Special Services Department and The Arc of King County have partnered to offer three FREE training sessions open to parents, guardians, caregivers and teachers of students with special needs.

Special Education 101: Introduction to Laws, the Special Ed Process, and parent and student rights

October 23, 2017 6:30-8pm at Maywood Middle School

Participating in IEP Meetings: Strategies for effective collaboration with IEP Team

December 4, 2017 6:30-8pm at Issaquah Middle School

Community Resources: DDA services, respite care, behavior support, and more!

February 15, 2018 6:30-8pm at Pacific Cascade Middle School



SAVE THE DATES

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|--------------------|------------------------------------|
| January 19 | Family Movie Night – SING |
| January 31 | Box Tops Contest deadline |
| February 2 | Bank Days |
| February 7 | ISF dining for kids - Agave |
| February 8 | Creekside Cultural Fair |
| February 26 | Trudy Ludwig author visit |
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